

"One Size Doesn't Fit All"



A Discussion of Positive Discipline Approaches for Young Children

A **free** workshop presented by Jack Gallagher and Beth Castro, Parent Educators w/ CYFS

Saturday, May 8, 2010
10:00 a.m. - 12:15 p.m.
Northside Regional Library, Charlottesville

Learn More About

- ★ Different discipline approaches that can be tailored to your child's needs: behavioral; natural/logical consequences, and structured choices
- ★ How to respond to specific behavioral challenges, time for questions
- ★ Managing yourself to best manage your child
- ★ Recent research on the impact of anger on young children

TO REGISTER Call CYFS (434) 296-4118 ex. 0
Limited Free Childcare (must register in advance).
Infants welcome to attend with parents.

Martha Jefferson Hospital



UVA Health System